

Cajeta – Mexican Goat Milk Dulce De Leche

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-milk-fudge-recipe>

Ingredients:

- 2 quarts milk goat
- 1 tablespoon vanilla bean paste
- 2 cups sugar
- 1/2 teaspoon baking soda
- 1 tablespoon water
- 1/4 cup dark rum optional

Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 130 grams
3. Cholesterol: 45 milligrams
4. Fat: 12 grams
5. Protein: 24 grams
6. SaturatedFat: 6 grams
7. Sodium: 510 milligrams
8. Sugar: 130 grams

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