

Mexican Gazpacho Fruit Salad

Yield: 7 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-mexican-gazpacho-recipe>

Ingredients:

- 1 papaya large Mexican, if you can't find it then use 2 regular papayas, peeled, seeded and cut into small dice
- 1 jicama small, about 1/2 to 3/4 pounds, peeled and cut into small dice
- 2 mangoes large, peeled, seeded and cut into small dice
- 2 cups watermelon peeled, seeded and cut into small dice
- 1 Orange peeled, seeded and cut into small dice
- 1 cucumber large, peeled, seeded and cut into small dice
- 3 tablespoons lime juice 2 - 3 limes
- 3 tablespoons fresh cilantro finely chopped
- 1 pinch sea salt no more than 1/2 teaspoon, optional
- 1/2 teaspoon chili

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 33 grams
3. Fiber: 9 grams
4. Protein: 3 grams
5. Sodium: 50 milligrams
6. Sugar: 17 grams

Thank you for visiting our website. Hope you enjoy Mexican Gazpacho Fruit Salad above. You can see more 16 easy mexican gazpacho recipe You must try them! to get more great cooking ideas.