

Easy Mint Melon Salad

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-fruit-cocktail-salad-recipe>

Ingredients:

- 1/2 cup water
- 1 cup sugar
- 3 1/2 cups watermelon balls approximately
- 3 1/2 cups cantaloupe balls approximately
- 1/2 cup mint leaves packed
- 1/4 cup lemon juice
- 1 teaspoon amaretto substitute amaretto flavoring or vanilla extract, if needed

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 32 grams
3. Protein: 1 grams
4. Sugar: 29 grams

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