

Frito Pie with 1 Hour Texas Chili

Yield: 8 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-beef-with-ancho-chiles-delicious-recipe>

Ingredients:

- 6 Ancho chilies dried, stems and seeds removed
- 2 chipotle chilies dried, stems and seeds removed
- 1 tablespoon cooking oil bacon grease or lard
- 1 onion roughly chopped
- 4 garlic cloves chopped
- 4 chilies dried pequin
- 1 tablespoon ground cumin
- 1 teaspoon dried oregano
- 1/2 teaspoon ground clove
- 1/2 teaspoon ground cinnamon
- 2 teaspoons kosher salt
- 1 teaspoon table salt
- freshly ground black pepper
- 2 pounds ground beef
- 2 tablespoons lime juice
- 2 fritos big bags, or individual snack-sized Fritos, at least for each person
- 8 ounces shredded cheese

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 110 milligrams
4. Fat: 33 grams
5. Fiber: 8 grams
6. Protein: 35 grams
7. SaturatedFat: 14 grams
8. Sodium: 1250 milligrams

9. Sugar: 2 grams
 10. TransFat: 1 grams
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