

Frijoles Charros (Mexican Charro Beans)

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-charzro>

Ingredients:

- 6 cups pinto beans cooked, with liquid
- 1 tablespoon olive oil
- 1/4 diced onion
- 1 jalapeño diced, optional, see recipe
- 5 slices bacon diced
- 1/2 pound chorizo
- 4 hot dogs sliced
- 4 pieces sliced ham optional, see recipe
- 4 sprigs cilantro
- salt
- pepper

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 110 milligrams
4. Fat: 53 grams
5. Fiber: 1 grams
6. Protein: 30 grams
7. SaturatedFat: 14 grams
8. Sodium: 1860 milligrams

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