

Loaded Mexican Fries

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-loaded-fries-recipe>

Ingredients:

- 2 large potatoes i.e. Agria, 500g / 1lb 2oz
- 2 kumara large red, sweet potato, 500g / 1lb 2oz
- 2 tablespoons olive oil
- 1 teaspoon ground cumin
- 1 teaspoon smoked paprika
- 1/2 teaspoon salt
- 1 teaspoon olive oil
- 500 grams beef mince prime, 1lb 2oz
- 2 tablespoons tomato paste
- 1 beef stock cube
- 1 teaspoon ground cumin
- 1 teaspoon dried oregano
- 1 teaspoon smoked paprika
- 400 grams tomatoes can Mexican flavoured, 14oz
- 1 large carrot
- 420 grams beans can chilli, 14.8oz
- 1/3 cup yoghurt plain, unsweetened, 80ml
- 1/3 cup sour cream lite, 80ml
- 1 tablespoon aioli
- 1 avocado large
- 1 teaspoon lime juice optional
- 2 tomatoes
- 1 red onion small
- 3/4 cup grated cheddar cheese
- lime wedges optional
- fresh coriander optional

Nutrition:

1. Calories: 870 calories

2. Carbohydrate: 76 grams
 3. Cholesterol: 120 milligrams
 4. Fat: 47 grams
 5. Fiber: 17 grams
 6. Protein: 41 grams
 7. SaturatedFat: 17 grams
 8. Sodium: 860 milligrams
 9. Sugar: 19 grams
 10. TransFat: 1.5 grams
-

Thank you for visiting our website. Hope you enjoy Loaded Mexican Fries above. You can see more 18 mexican loaded fries recipe Delight in these amazing recipes! to get more great cooking ideas.