

Easy Mexican Taco Pocket

Yield: 6 min
Total Time: 115 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-fried-cornmeal-pocket-recipe>

Ingredients:

- 1 1/2 cups hot water 110-115 degrees
- 1/4 cup oil
- 2 teaspoons yeast
- 1 teaspoon salt
- 3 1/2 cups flour
- 1 pound ground beef
- 1 teaspoon cumin
- 3/4 teaspoon salt
- 1 pinch chili powder
- 2 tomatoes
- 3 Roma tomatoes yellow mini
- 1/4 cup cilantro chopped
- 1 cup cheddar cheese shredded
- 1 avocado
- hot sauce to taste
- cornmeal

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 62 grams
3. Cholesterol: 70 milligrams
4. Fat: 33 grams
5. Fiber: 6 grams
6. Protein: 28 grams
7. SaturatedFat: 10 grams
8. Sodium: 910 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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