

Baked Mexican French Fries With Salsa Ketchup

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-french-fries-recipe>

Ingredients:

- 2 russet potatoes medium, about 1 pound
- 1 tablespoon olive oil
- 1 tablespoon cornstarch
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 teaspoon garlic powder
- 1/4 teaspoon ground cumin
- 1/4 teaspoon chili pepper chipotle
- 2 russet potatoes medium, about 1 pound
- 1 tablespoon olive oil
- 1 tablespoon cornstarch
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 teaspoon garlic powder
- 1/4 teaspoon ground cumin
- 1/4 teaspoon chili pepper chipotle
- ketchup Salsa
- 3 tablespoons ketchup
- 3 tablespoons salsa
- hot sauce to taste

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 48 grams
3. Fat: 7 grams
4. Fiber: 3 grams
5. Protein: 5 grams

6. SaturatedFat: 1 grams
 7. Sodium: 910 milligrams
 8. Sugar: 6 grams
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