

# Grilled Chicken Tacos and Spicy Mango Salsa

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-roadside-grilled-chicken-recipe>

## Ingredients:

- 4 PERDUE® PERFECT PORTIONS® Boneless, Skinless Chicken Breasts 1.5 Lbs.
- 4 teaspoons olive oil
- 1 mango Ripe, Chopped
- 2 tablespoons red onion Finely Chopped
- 2 tablespoons red bell pepper Finely Chopped
- 2 tablespoons fresh cilantro Chopped
- 1 lime juiced About 2 Tablespoons
- 1 tablespoon jalapeno Finely Chopped
- 1/2 teaspoon salt
- 1/8 teaspoon black pepper
- 4 flour 6-inch, Or Corn Tortillas, Warmed
- 4 ounces goat cheese crumbles Optional

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 30 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 8 grams
8. Sodium: 400 milligrams
9. Sugar: 9 grams

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