

# Fish Taco Sauce

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/fish-taco-sauce-recipe-greek-yogurt>

## Ingredients:

- 1 avocado
- 1/3 cup sour cream
- 1 lime
- 1/3 cup Cilantro leaves
- salt
- pepper
- 1/2 teaspoon cumin 1/2 tsp .
- 1/4 teaspoon chili powder 1/4 tsp .
- 1/4 teaspoon chipotle chili powder 1/4 tsp .
- 1/4 teaspoon garlic salt 1/4 tsp .

## Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 10 milligrams
4. Fat: 12 grams
5. Fiber: 5 grams
6. Protein: 2 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 220 milligrams
9. Sugar: 2 grams

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