

Crock Pot Fiesta Mexican Chicken & Rice

Yield: 5 min
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-fiesta-seasoning-recipe>

Ingredients:

- 3 tablespoons lime juice
- 2 teaspoons ground cumin divided
- 2 teaspoons chili powder divided
- 1 teaspoon garlic salt
- 1 red bell pepper medium, diced
- 1 poblano pepper diced
- 1 onion medium, diced
- olive oil
- 4 tablespoons butter
- 3 teaspoons minced garlic
- 1 teaspoon parsley
- 4 boneless, skinless chicken breasts large
- 10 ounces rice saffron
- 14 ounces chicken stock
- 10 ounces cream of chicken soup
- 1/2 cup salsa
- 1 cup black beans cooked, rinsed
- 1 cup frozen sweet corn
- 1/3 cup fresh cilantro chopped
- 1 cup colby jack cheese shredded
- chives Chopped, or green onions, for garnish, optional

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 115 milligrams
4. Fat: 29 grams

5. Fiber: 5 grams
 6. Protein: 36 grams
 7. SaturatedFat: 14 grams
 8. Sodium: 1140 milligrams
 9. Sugar: 6 grams
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