

Mexican Fiesta Corn & Bean Salsa

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-fiesta-canton-salsa-recipe>

Ingredients:

- 16 ounces whole kernel corn canned
- 16 ounces black beans canned
- 4 Roma tomatoes large
- 1/2 cup cilantro leaves
- 1 lime
- 1 teaspoon salt

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 28 grams
3. Fat: 1 grams
4. Fiber: 8 grams
5. Protein: 7 grams
6. Sodium: 700 milligrams
7. Sugar: 4 grams

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