

(Mexican Fideo Soup w/ Four Chiles)

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-vermicelli-soup-recipe>

Ingredients:

- 1 dried ancho chile
- 1 dried guajillo chile
- 1 chile de arbol dried
- 3 Roma tomatoes
- 4 cups water
- 1/2 medium onion
- 1 serrano chile stem and seeds removed
- 1 clove garlic
- 2 tablespoons olive oil
- 8 ounces fideo or vermicelli
- 4 cups chicken broth
- fresh cilantro

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 25 milligrams
4. Fat: 11 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 1 grams
8. Sodium: 140 milligrams
9. Sugar: 2 grams

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