

# Creamy Chicken Fajita Pasta

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-fajita-paste-recipe>

## Ingredients:

- 8 ounces pasta any shape
- 1 pound boneless skinless chicken breasts cut into small bite size pieces, about 1/2 inch
- 2 tablespoons olive oil
- 3 tablespoons fajita seasoning homemade or store bought packet, see note below for recipe
- 2 bell peppers any colors, seeded and sliced
- 1 medium onion sliced
- 5 cloves fresh garlic minced
- 1 cup half and half
- 1/2 cup cheddar cheese
- freshly ground black pepper to taste

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 110 milligrams
4. Fat: 23 grams
5. Fiber: 4 grams
6. Protein: 37 grams
7. SaturatedFat: 9 grams
8. Sodium: 410 milligrams
9. Sugar: 5 grams

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