

Lumpiang Prito with Pork

Yield: 12 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-empanadas-de-camote-recipe>

Ingredients:

- vegetable oil
- 2 cloves garlic peeled and minced
- 1 small onion peeled and chopped
- 1/4 pound ground pork
- 1 tablespoon fish sauce
- 1 camote medium, peeled and cut into 1-inch lengths matchsticks
- 1/4 cup water
- 1 large carrot peeled and cut into 1-inch lengths matchsticks
- 1 cup green beans cut thinly on a bias
- 4 cups bean sprouts
- salt
- pepper
- 12 spring roll wrappers

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 10 milligrams
4. Fat: 4.5 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 1 grams
8. Sodium: 370 milligrams
9. Sugar: 1 grams

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