

Mexican Street Corn Salad (Elote Salad)

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-elote-corn-salad-recipe>

Ingredients:

- 6 ears fresh corn husked
- 2 tablespoons extra virgin olive oil
- 2 tablespoons mayonnaise
- 2 tablespoons sour cream
- 2 tablespoons lime juice
- 1 teaspoon lime zest
- 1 clove garlic minced
- 1/2 teaspoon chili flakes
- 1/2 teaspoon ground cumin
- 1/4 teaspoon ground black pepper
- 1 1/2 teaspoons sea salt
- 4 green onions
- 1 small red onion chopped
- 1 small jalapeno pepper seeded and finely minced
- 1/2 red bell pepper chopped
- 1/2 cup finely chopped fresh cilantro plus more for garnish
- 2/3 cup Cotija cheese crumbled,, you can also use queso fresco, feta cheese, or goat cheese, plus more for garnish
- lime wedges for serving

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 15 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 7 grams

7. SaturatedFat: 5 grams
 8. Sodium: 1220 milligrams
 9. Sugar: 4 grams
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