

# Mexican Chicken Noodle Soup

Yield: 6 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-skillet-made-with-egg-noodles>

## Ingredients:

- 1 tablespoon olive oil
- 1 white onion chopped
- 1/2 cup chopped celery
- 1 cup carrots chopped
- 6 garlic cloves finely chopped
- 1 pound skinless chicken breasts
- 6 cups chicken stock
- 28 ounces roasted tomatoes
- 1 1/2 cups vermicelli noodles / or angel hair pasta broken in small pieces
- 1 jalapeno chilies remove seeds and mince
- 1/2 teaspoon coriander
- 1 teaspoon cumin
- 1/2 teaspoon tumeric
- 1/2 teaspoon salt to taste
- 1 teaspoon freshly ground pepper
- 1 cup fresh cilantro roughly chopped
- 2 lime juice

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 65 milligrams
4. Fat: 8 grams
5. Fiber: 4 grams
6. Protein: 28 grams
7. SaturatedFat: 1 grams
8. Sodium: 830 milligrams
9. Sugar: 7 grams

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