

Fiesta Dip Mix

Yield: 1 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/sunripe-mexican-fiesta-dip-recipe>

Ingredients:

- 2 tablespoons dried parsley
- 2 tablespoons dried minced onion
- 1 1/2 tablespoons chili powder ground
- 1 tablespoon dried chives
- 1 tablespoon ground cumin
- 1 teaspoon salt
- 1 cup sour cream or Greek yogurt

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 120 milligrams
4. Fat: 49 grams
5. Fiber: 6 grams
6. Protein: 8 grams
7. SaturatedFat: 28 grams
8. Sodium: 2680 milligrams
9. Sugar: 11 grams

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