

Vegan Mexican Black Bean Burrito Bowls

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-dinner-recipe-with-rice-bean-burrito>

Ingredients:

- tortillas corn or flour, your choice
- black beans
- canned tomatoes
- green chiles canned
- onion
- garlic
- red bell pepper can be omitted
- cumin
- russet potatoes
- lime juice
- 2 russet potatoes medium, scrubbed clean
- 2 teaspoons neutral oil canola or grapeseed oil
- 1/2 white onion diced
- 3 cloves garlic minced
- 1 red bell pepper sliced
- 4 ounces diced green chiles
- 15 ounces diced tomatoes
- 1 cup black beans
- 1 teaspoon ground cumin
- 1 lime
- 4 corn tortillas cut into strips

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 70 grams
3. Fat: 5 grams
4. Fiber: 13 grams

5. Protein: 13 grams
 6. SaturatedFat: 0.5 grams
 7. Sodium: 560 milligrams
 8. Sugar: 8 grams
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