

Slow Cooker Pineapple Salsa Chicken aka Mexican Delight

Yield: 6 min
Total Time: 365 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-delight-recipe>

Ingredients:

- 3 chicken breast large, approx 2 lbs
- 3 cups salsa I like medium heat
- 20 ounces crushed pineapple drained
- 15 ounces black beans drained
- 15 ounces corn drained, or 1½ cups frozen corn
- 4 ounces diced green chilies or two jalapenos, seeded and chopped
- 1 teaspoon salt

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 75 milligrams
4. Fat: 4 grams
5. Fiber: 11 grams
6. Protein: 34 grams
7. SaturatedFat: 1 grams
8. Sodium: 1650 milligrams
9. Sugar: 15 grams

Thank you for visiting our website. Hope you enjoy Slow Cooker Pineapple Salsa Chicken aka Mexican Delight above. You can see more 16 mexican delight recipe Ignite your passion for cooking! to get more great cooking ideas.