

# Pan de Muerto (Mexican Day of the Dead Bread)

Yield: 10 min  
Total Time: 200 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-day-of-the-dead-cookies-recipe>

## Ingredients:

- 1/4 cup milk
- 1/4 cup water
- 2 tablespoons unsalted butter room temperature
- 3 cups unbleached all purpose flour divided
- 1/4 cup sugar
- 2 1/4 teaspoons active dry yeast one packet
- 1 1/2 teaspoons ground anise
- 1 teaspoon salt
- 2 large eggs at room temperature
- 1 egg lightly beaten, for egg wash
- 1 orange small, zested and juiced, roughly 1/4 c orange juice
- 1/4 cup sugar divided

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 70 milligrams
4. Fat: 4.5 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 2 grams
8. Sodium: 260 milligrams
9. Sugar: 11 grams

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