

Curtido Cabbage Slaw

Yield: 6 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-curtido-recipe>

Ingredients:

- 1/2 head green cabbage core removed, thinly sliced
- 3 medium carrots shredded or sliced into thin matchsticks
- 1/2 white onion large, thinly sliced
- 1 jalapeno stem and seeds removed, sliced into thin strips, more if they aren't super spicy
- 3 teaspoons kosher salt more to taste
- 2 teaspoons dried oregano preferably Mexican
- 1/2 cup apple cider vinegar
- 1/4 cup water

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 8 grams
3. Fiber: 3 grams
4. Protein: 1 grams
5. Sodium: 1230 milligrams
6. Sugar: 2 grams

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