

Mexican Crockpot Chicken

Yield: 4 min
Total Time: 255 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-crockpot-recipe>

Ingredients:

- 3 chicken breasts fresh or defrosted
- 1/2 can corn drained
- 1/2 can black beans rinsed and drained
- 3/4 cup salsa
- 3/4 cup cheddar /jack shredded cheese
- 1 avocado sliced

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 80 milligrams
4. Fat: 18 grams
5. Fiber: 9 grams
6. Protein: 30 grams
7. SaturatedFat: 6 grams
8. Sodium: 740 milligrams
9. Sugar: 3 grams

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