

Mexican Crispy Chicken Bowl

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-crispy-chicken-recipe>

Ingredients:

- 1 jasmine rice pack
- 2 1/4 cups boiling water
- 250 grams frozen corn
- 1 carrot
- 1/2 iceberg lettuce
- 1 avocado
- olive oil Drizzle of
- white wine vinegar Drizzle of
- 1 chicken breasts pack diced
- 1 flour pack Mexican chicken
- 1/2 sour cream pottle
- 1 tomato salsa pottle

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 45 milligrams
4. Fat: 19 grams
5. Fiber: 7 grams
6. Protein: 17 grams
7. SaturatedFat: 5 grams
8. Sodium: 370 milligrams
9. Sugar: 7 grams

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