

Avocado Cream Sauce

Yield: 1 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-crema-sauce>

Ingredients:

- 1 avocado large, flesh
- 1 cup crema
- 1/2 cup cilantro fresh chopped
- 1/2 teaspoon kosher salt
- 1 lime juice

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 120 milligrams
4. Fat: 76 grams
5. Fiber: 18 grams
6. Protein: 10 grams
7. SaturatedFat: 32 grams
8. Sodium: 1400 milligrams
9. Sugar: 13 grams

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