

Mexican Chicken Bowl with Jalapeño Crema

Yield: 5 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-crema-recipe-for-tacos>

Ingredients:

- 1 1/2 cups jasmine rice
- 2 cups water
- 1 can beans chilli
- 2 tomatoes diced 1cm
- 1/2 red onion finely diced
- 1 avocado thinly sliced
- 1 lettuce shredded
- 1 package chicken breasts sliced 2cm
- 1 package mexican spices
- 250 grams frozen corn
- 1/2 package crema jalapeño
- 125 grams sour cream
- 1 pinch chilli garlic, blend

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 70 milligrams
4. Fat: 15 grams
5. Fiber: 9 grams
6. Protein: 29 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 160 milligrams
9. Sugar: 9 grams

Thank you for visiting our website. Hope you enjoy Mexican Chicken Bowl with Jalapeño Crema above. You can see more 16 mexican crema recipe for tacos They're simply irresistible! to get more great cooking ideas.