

# Pulled Chicken Tacos

Yield: 6 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-style-pulled-chicken-recipe>

## Ingredients:

- 8 taco shells corn
- 1 pound chicken prepared Mexican Pulled, see recipe here
- 1/4 pound shredded cheddar cheese
- 1/4 pound shredded Jack cheese
- shredded lettuce
- diced tomatoes
- pico de gallo
- guacamole
- taco sauce see recipe here

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 85 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 27 grams
7. SaturatedFat: 10 grams
8. Sodium: 440 milligrams
9. Sugar: 2 grams

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