

Corn and Crab Salad Tortilla Cups

Yield: 64 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-crab-salad-recipe>

Ingredients:

- 15 ounces sweet corn Libby's Whole Kernel, drained
- 1 pound lump crab meat free of shells
- 1 avocado cubed
- 1/2 cup red onion finely chopped
- 1/2 cup chopped fresh cilantro finely
- 2 teaspoons jalapeno finely chopped fresh
- 2 tablespoons olive oil
- 1 lime juiced
- 1/4 teaspoon salt
- 1/8 teaspoon black pepper
- tortilla chip cups, about 64

Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 5 milligrams
4. Fat: 1 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. Sodium: 35 milligrams

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