

Cast Iron Skillet Nachos

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-cornbread-recipe-cast-iron-skillet>

Ingredients:

- 2 boneless, skinless chicken breasts
- 1/2 tablespoon olive oil
- 1 teaspoon italian seasonings
- 3/4 teaspoon salt
- 1/2 teaspoon black pepper
- 15 ounces tortilla chips
- 1 1/2 cups cheddar cheese shredded
- 1 cup pepperjack cheese shredded
- 2 medium tomatoes diced
- 1/3 cup jalapenos sliced, tamed
- 1 cup white onion diced
- 1/4 cup cilantro chopped, alternate idea: diced green onions
- sour cream optional
- limes optional
- avocado optional

Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 84 grams
3. Cholesterol: 110 milligrams
4. Fat: 53 grams
5. Fiber: 9 grams
6. Protein: 39 grams
7. SaturatedFat: 18 grams
8. Sodium: 1240 milligrams
9. Sugar: 7 grams

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