

Mexican Street Corn Ice Cream

Yield: 10 min
Total Time: 620 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-corn-ice-cream-recipe>

Ingredients:

- 1/4 teaspoon ground pepper
- 1 tablespoon queso fresco grated
- 1/4 teaspoon ground cayenne pepper
- 4 sweet corn cobs, kernels cut off, cob cut into 2 inch pieces
- 3 cups whole milk
- 2 teaspoons kosher salt
- 1 cup sugar
- 8 egg yolks
- 2 cups heavy cream
- 1 teaspoon ground pepper

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 255 milligrams
4. Fat: 28 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 16 grams
8. Sodium: 550 milligrams
9. Sugar: 25 grams

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