

Tres Leches Cake

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-coconut-flour-tres-leches-cake-recipe>

Ingredients:

- 8 whole eggs
- 1/2 cup sweetener Trim Healthy Mama Gentle Sweet or my, erythritol, xylitol, and stevia
- 2 teaspoons vanilla
- 1/2 cup unsweetened almond milk
- 1/2 cup almond flour
- 1/2 cup coconut flour
- 1/2 cup flax ground golden, or additional almond flour
- 1 1/2 teaspoons baking powder
- 1/4 teaspoon salt
- 1 sweetened condensed milk recipe sugar free, <https://joyfilledeats.com/sweetened-condensed-milk/>
- 1/3 cup half and half
- 1 pint heavy cream
- 2 tablespoons sweetener Trim Healthy Mama Gentle Sweet or my

Nutrition:

1. Calories: 1120 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 630 milligrams
4. Fat: 88 grams
5. Fiber: 8 grams
6. Protein: 24 grams
7. SaturatedFat: 47 grams
8. Sodium: 780 milligrams
9. Sugar: 48 grams

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