

Breakfast Burrito with Chorizo, Potato, and Egg

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chorizo-breakfast-recipe>

Ingredients:

- 1 baking potato large, peeled, and cut into ½-inch cubes
- 1 teaspoon vegetable oil
- 12 ounces mexican chorizo casings removed
- 4 scallions white parts discarded, green parts chopped
- 6 large eggs
- 1 tablespoon olive oil
- 4 flour tortillas 10-inch
- 2/3 cup cheese Mexican melting, chihuahua, Monterrey Jack
- 1/2 cup fresh cilantro chopped
- 1/2 cup salsa
- 1 avocado halved, pitted, peeled, sliced

Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 410 milligrams
4. Fat: 62 grams
5. Fiber: 7 grams
6. Protein: 42 grams
7. SaturatedFat: 21 grams
8. Sodium: 1770 milligrams
9. Sugar: 4 grams

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