

# Mexican Chocolate Pops

Yield: 7 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-gluten-and-nut-free-mexican-desserts>

## Ingredients:

- 6 ounces bittersweet chocolate very finely chopped
- 2 tablespoons light brown sugar
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon cayenne pepper or more or less to taste
- 2 cups half-and-half

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 25 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 9 grams
8. Sodium: 30 milligrams
9. Sugar: 17 grams

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