

Chocolate Pot de creme

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chocolate-pot-de-creme-recipe>

Ingredients:

- 2 cups whipping cream I sometimes use 1/2 milk and 1/2 cream. That way it's better for you.
- 6 ounces chocolate I use dark. But, use what you like.
- 8 teaspoons sugar according to taste
- 1 vanilla bean or 1 tsp vanilla
- 4 egg yolks beaten

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 290 milligrams
4. Fat: 30 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 17 grams
8. Sodium: 45 milligrams
9. Sugar: 36 grams

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