

# Spicy Caramel Popcorn Mexican Chocolate Brownies

Yield: 35 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chocolate-brownies-recipe>

## Ingredients:

- 7/8 cup all purpose flour
- 3 7/16 tablespoons barley flour
- 3 tablespoons flour 30) mesquite, sometimes called mesquite meal
- 6 1/4 tablespoons milk powder 1/4 cup plus 2 tablespoons dry whole
- 3/4 teaspoon baking powder
- 1 teaspoon canela
- 1/2 teaspoon cayenne pepper
- 1/2 teaspoon sea salt
- 1 1/4 cups unsweetened chocolate do not use bittersweet, chopped
- 3/4 cup unsalted butter 12 tablespoons or 1 1/2 sticks
- 1 1/2 cups granulated sugar white
- 3/4 cup dark brown sugar
- 4 large eggs
- 1 tablespoon pure vanilla extract
- 1 tablespoon olive oil
- 1 teaspoon salt
- 1/3 cup popcorn
- 1 cup granulated sugar white
- 2 tablespoons light corn syrup
- 1/2 cup heavy cream
- 4 tablespoons unsalted butter 4 tablespoons or 1/2 stick
- 1 teaspoon pure vanilla extract
- 1/2 teaspoon sea salt
- 1/2 teaspoon cayenne pepper

## Nutrition:

1. Calories: 200 calories

2. Carbohydrate: 26 grams
3. Cholesterol: 45 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 6 grams
8. Sodium: 170 milligrams
9. Sugar: 20 grams

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