

The Hirshon Mexican Red Enchilada Sauce

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-chipotle-cream-sauce>

Ingredients:

- 3 dried guajillo chiles seeded
- 2 dried ancho chiles seeded
- 1 chipotle small, en adobo sauce
- 1 1/2 coarse sea salt
- 1 minced garlic
- 1 clove
- 1/4 cup chopped onion
- 2 cloves roasted garlic pulp squeezed out of skins
- 1 teaspoon Mexican oregano top-quality
- 1 mexican chocolate small portion Abuelita, about 1/2 of a tablet
- 1 1/2 ground cumin tsp freshly-
- 4 cups chicken broth
- 2 tablespoons lard preferred or avocado oil

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 5 milligrams
4. Fat: 11 grams
5. Fiber: 6 grams
6. Protein: 8 grams
7. SaturatedFat: 3 grams
8. Sodium: 230 milligrams
9. Sugar: 1 grams

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