

Chicken Chimichanga

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chimichangas-recipe>

Ingredients:

- 1 tablespoon extra virgin olive oil
- 1/2 cup chopped onion
- 2 cloves garlic minced
- 4 cups chicken cooked, shredded
- 3/4 cup prepared salsa
- 1 teaspoon cumin
- 1 teaspoon smoked paprika
- 1/2 teaspoon salt
- 15 ounces refried beans
- vegetable oil for frying
- 8 ounces shredded cheese I used a mix of cheddar and Monterey Jack
- 6 tortillas burrito sized
- sour cream
- guacamole
- lettuce
- tomatoes

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 140 milligrams
4. Fat: 30 grams
5. Fiber: 7 grams
6. Protein: 49 grams
7. SaturatedFat: 12 grams
8. Sodium: 1360 milligrams
9. Sugar: 3 grams

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