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Cheesy Mexican Chili Rice

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-chilli-rice-recipe

Ingredients:

- 1 tablespoon canola oil
- 1 pound lean ground beef
- 2 teaspoons kosher salt
- 2 teaspoons cracked pepper
- 1 package knorr fiesta sides spanish rice
- 1 can diced tomatoes
- 1 can black beans drained
- 1 can corn with Peppers, drained
- 2 cups colby jack cheese shredded

Nutrition:

Calories: 620 calories
Carbohydrate: 36 grams
Cholesterol: 135 milligrams

4. Fat: 31 grams5. Fiber: 10 grams6. Protein: 49 grams7. SaturatedFat: 16 grams

8. Sodium: 2090 milligrams

9. Sugar: 4 grams

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