

Authentic Mexican Chili Rellenos

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/youtube-mexican-chili-recipe>

Ingredients:

- 6 Anaheim chile peppers fresh
- 8 ounces queso asadero white Mexican cheese, cut into 3/4-inch thick strips
- 2 eggs separated
- 1 teaspoon baking powder
- 3/4 cup all purpose flour
- 1 cup vegetable shortening for frying

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 70 milligrams
4. Fat: 39 grams
5. Fiber: 14 grams
6. Protein: 9 grams
7. SaturatedFat: 9 grams
8. Sodium: 150 milligrams
9. Sugar: 19 grams
10. TransFat: 4.5 grams

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