

Taco Wonton Cupcakes

Yield: 12 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chili-paste-oil-recipe>

Ingredients:

- 2 teaspoons chili oil found near the Asian ingredients
- 3/4 pound 95% lean ground beef
- 4 teaspoons taco seasoning
- 1 cup canned black beans drained and rinsed
- 3/4 cup chunky salsa
- 24 wonton wrappers found in the produce section
- 8 tablespoons queso blanco dip or salsa con queso
- 4 ounces reduced fat sharp cheddar cheese 50%, shredded

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 25 milligrams
4. Fat: 5 grams
5. Fiber: 2 grams
6. Protein: 13 grams
7. SaturatedFat: 2 grams
8. Sodium: 370 milligrams
9. Sugar: 1 grams

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