

Mexican Chili & Cornbread (Slow Cooker)

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chili-cornbread-recipe>

Ingredients:

- 1 pound ground beef
- 1 cup bell pepper chopped
- 1 cup frozen corn
- 1/2 cup onion chopped
- 2 1/2 tablespoons taco seasoning mix 1 store-bought packet
- 1 can condensed tomato soup
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1 cup shredded cheese
- 1 box cornbread mix Jiffy, or similar
- cornbread mix ingredients to make

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 105 milligrams
4. Fat: 27 grams
5. Fiber: 3 grams
6. Protein: 31 grams
7. SaturatedFat: 13 grams
8. Sodium: 1390 milligrams
9. Sugar: 9 grams
10. TransFat: 1 grams

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