

Slow Cooker Mexican Chicken with Black Beans

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-with-black-beans-recipe>

Ingredients:

- 2 pounds boneless skinless chicken thighs or breasts if preferred
- 2 cans diced tomatoes & green chilies fire-roasted, undrained
- 2 cans black beans cans, rinsed and drained
- 4 cloves garlic minced
- 1 jalapeno pepper small, finely diced
- 1 1/2 tablespoons hickory flavored liquid smoke
- 2 teaspoons ground cumin
- 1 tablespoon chili powder
- 1 teaspoon smoked paprika
- 2 teaspoons dried oregano
- 1 teaspoon cayenne pepper
- salt
- black pepper
- 2 limes quartered
- 1/4 cup fresh cilantro chopped

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 145 milligrams
4. Fat: 8 grams
5. Fiber: 20 grams
6. Protein: 63 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1300 milligrams
9. Sugar: 4 grams

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