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Chipotle Chicken Tacos

Yield: 4 min Total Time: 90 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-chicken-tortilla-soup-recipe-with-salsa

Ingredients:

- 1 whole chicken cut into quarters
- 4 cloves garlic peeled and whole
- 1 yellow onion medium, peeled and cut into quarters
- 1 celery rib cut in half
- 1 cilantro leafy stem of
- 1 bay leaf
- 1 teaspoon peppercorns
- 1 tablespoon kosher salt
- 1/2 cup chicken broth
- 1 1/2 cups canned tomatoes crushed
- 2 chipotle chiles canned, en adobo, this is 2 chile peppers, not 2 whole cans!
- 1/4 yellow onion medium
- 4 cloves garlic
- 1 teaspoon dried oregano
- 1/2 teaspoon ground cumin
- pinch ground allspice
- 1/4 cup cilantro
- 1 tablespoon lime juice freshly squeezed
- 2 tablespoons canola oil
- salt
- black pepper
- tortillas for serving
- lime wedges for serving
- salsa for serving

Nutrition:

Calories: 620 calories
Carbohydrate: 29 grams
Cholesterol: 245 milligrams

4. Fat: 20 grams5. Fiber: 6 grams6. Protein: 81 grams

7. SaturatedFat: 4.5 grams8. Sodium: 2570 milligrams

9. Sugar: 4 grams

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