

Chicken Torta (Mexican Chicken Sandwich)

Yield: 2 min
Total Time: 79 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-torta-sandwich-recipe>

Ingredients:

- 1/2 pound chicken strips
- 1 lime
- 1 garlic clove finely minced
- 2 tablespoons olive oil divided
- 1 teaspoon ground cumin
- 1/2 teaspoon oregano
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1 avocado sliced
- 1/4 cup pickled jalapeños
- 2 tablespoons mayonnaise
- 2 bread rolls telera

Nutrition:

1. Calories: 770 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 50 milligrams
4. Fat: 54 grams
5. Fiber: 14 grams
6. Protein: 24 grams
7. SaturatedFat: 8 grams
8. Sodium: 2270 milligrams
9. Sugar: 6 grams

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