

Chicken Enchilada Soup in the Slow Cooker

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/creamed-corn-soup-mexican-recipe>

Ingredients:

- 2 pounds chicken tenders
- 1 red bell pepper diced
- 1/2 onion large, diced
- 2 cans black beans drained and rinsed
- 2 cans tomatoes with diced green chilis
- 1 can cream-style corn
- 1 cup frozen corn
- 2 cans cream of chicken soup
- 2 cans enchilada sauce
- 3 cups milk

Nutrition:

1. Calories: 850 calories
2. Carbohydrate: 91 grams
3. Cholesterol: 175 milligrams
4. Fat: 21 grams
5. Fiber: 19 grams
6. Protein: 77 grams
7. SaturatedFat: 8 grams
8. Sodium: 2520 milligrams
9. Sugar: 23 grams

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