

# Quick & Easy Chicken and Cheese Taquitos

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-taquitos-recipe>

## Ingredients:

- 1 box chicken José Olé, & Cheese Taquitos
- 1/4 cup sour cream
- 1 small tomato diced
- 1/4 cup cilantro chopped

## Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 5 milligrams
4. Fat: 3 grams
5. Protein: 1 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 15 milligrams
8. Sugar: 1 grams

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