

One Pot Paleo Mexican Chicken Stir Fry

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-stir-fry-recipe-easy>

Ingredients:

- 1 teaspoon olive oil
- 2 skinless chicken breasts fat trimmed off and diced into 2" chunks
- 2 bell peppers
- 1 1/2 cups broccoli florets
- 1 teaspoon cumin
- 1/2 teaspoon cayenne pepper
- 1/2 teaspoon smoked paprika
- 1/2 teaspoon chili powder optional

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 145 milligrams
4. Fat: 10 grams
5. Fiber: 5 grams
6. Protein: 51 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 300 milligrams
9. Sugar: 4 grams

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