

Mexican Chicken Sliders

Yield: 8 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-sliders-recipe>

Ingredients:

- 1 pound ground chicken breast
- 1 tablespoon chopped fresh cilantro
- 1 teaspoon cumin
- 1/2 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1 teaspoon kosher salt
- 1 large egg
- 1 tablespoon oil

Nutrition:

1. Calories: 110 calories
2. Cholesterol: 75 milligrams
3. Fat: 7 grams
4. Protein: 11 grams
5. SaturatedFat: 1.5 grams
6. Sodium: 340 milligrams

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