

Mexican Chicken Skillet Dinner

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-skillet-dinner-recipe>

Ingredients:

- 2 boneless, skinless chicken breast trimmed and sliced in half lengthwise
- 1 teaspoon chili powder
- 1/2 teaspoon paprika
- 1/2 teaspoon ground cumin
- 1/2 teaspoon kosher salt
- 1/4 teaspoon ground black pepper
- 2 teaspoons vegetable oil divided
- 2 garlic cloves pressed
- 1 large red bell pepper diced
- 2 cups frozen corn or fresh
- 1/2 cup water
- 1 lime juiced
- 1/2 cup Mexican cheese blend grated
- 1 jalapeño sliced thin
- 1/4 cup chopped cilantro

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 80 milligrams
4. Fat: 11 grams
5. Fiber: 3 grams
6. Protein: 26 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 610 milligrams
9. Sugar: 4 grams

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