

Cheesy Noodle Kababs by Shireen Anwar

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-black-pepper-chicken-recipe-by-shireen-anwar>

Ingredients:

- 1/2 packet rice noodles
- chicken boiled and shredded 1 cup
- cheese grated 3 tbsp
- 1/2 cup sweet corn
- 2 green chilies
- 2 tablespoons coriander leaves
- 4 tablespoons spring onions
- 3 tablespoons sauce
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper
- red pepper crushed 1/2 tsp
- 1/2 cup sauce
- Garam Masala powder 1/2 tsp
- 1 1/2 cups bread crumbs
- bread crumbs as required for coating
- egg to coat 1 beaten
- oil for fry

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 205 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 57 grams
7. SaturatedFat: 4.5 grams

8. Sodium: 790 milligrams
 9. Sugar: 5 grams
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